

श्री बाळासाहेब माने शिक्षण प्रसारक मंडळ अंबप अशोकराव माने आयुर्वेदिक मेडिकल कॉलेज अँड हॉस्पिटल वाठार तर्फ वडगाव, ता. हातकणंगले, जि.कोल्हापूर ४१६११२.



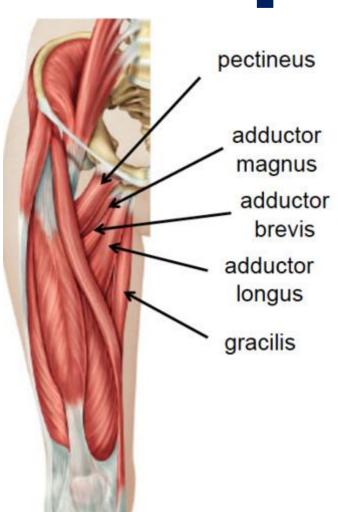


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Medial side of thigh / Adductor compartment



Presented by:-

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Muscle	Origin	Insertion	Nerve Supply	Action	Blood supply
Adductor longus	Medial portion of the superior pubic ramus	Linea aspera of the femur	Anterior division of the obturator nerve	Adducts , flexes & medially rotates the femur	Obturator artery and deep femoral artery
Adductor brevis	Inferior pubic ramus	Pectineal line & linea aspera	Deep branch of the lateral Plantar nerve	Adducts the great toe	Plantar arterial arch
Adductor magnus	Ischiopubic ramus & ischial tuberosity	Linea aspera of the femur	Posterior division of obturator nerve	Adducts, flexes & medially rotates the femur	Obturator artery
Gracilis	Inferior ramus of pubis	Upper part of Medial surface of tibia	Anterior division of obturator nerve	Flexes & Medial rotator of thigh	Obturator artery
Pectineus	Pectin of the pubis	Pectineal line of the femur	Medial femoral circumflex artery	Adducts, flexes & medially rotates the thigh	Obturator artery

Name of muscle – *Gracilis*

- Origin –
- Medial margin of the lower half of the body of the pubis
- 2. Inferior ramus of the pubis
- 3. Adjoining part of the ramus of the ischium
- Insertion -

Upper part of the medial surface of tibia behind the sartorius and in front of the semitendinosus

Nerve supply –

Anterior devision of obturator nerve

Actions –

Flexor and medial rotator of thigh . It is a weak Adductor of thigh. It is used for transplantation of Any damaged muscles



Name of muscle - Adductor longus

• Origin –

1. It arises by a narrow, flat tendon from the front of the body of the pubis in the angle between the pubic crest and the pubic symphysis. Sometimes sesamoid bone is seen near it's origin (Riders bone)

Insertion –

- 1. The linea aspera in middle one third of the shaft of the femur between the vastus medialis and the adductor brevis and magnus
- Nerve Supply –
- 1. Anterior division of obturator nerve
- Action -
- 1. Powerful Adductor of thigh at hip joint
- 2. The Adductor muscles act as posture controllers



Name of muscle – *Adductor magnus*

- Origin –
- 1. Anterior surface of the body of the pubis
- 2. Outer surface of inferior ramus of the pubis between the Gracilis and obturator externus
- 3. Outer surface of ramus of the ischium between Gracilis and the adductor magnus
- Insertion –
- 1. Medial margin of gluteal tuberosity
- 2. Linea aspera
- 3. Medial supracondylar line
- 4. Adductor tubercle
- Nerve supply –
- Double nerve Supply: Adductor part by posterior division of obturator nerve
 Hamstring part by tibial part of sciatic nerve
- Action –
- Adductor part causes adduction of thigh and hamstring part helps in extension of hip and flexion of knee



Name of muscle - *Pectineus*

Origin –

• Superior ramus of pubis

Insertion –

• Linea aspera

Nerve supply –

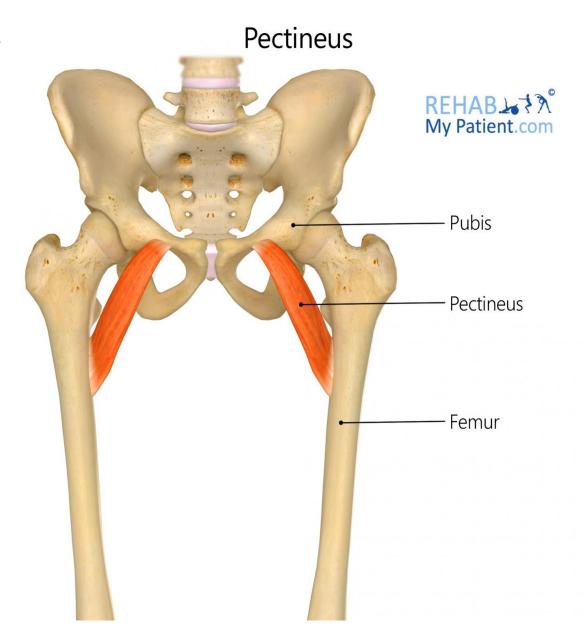
- Femoral nerve
- Obturator nerve

Action -

- Flexion of thigh
- Adduction of thigh

Blood supply –

Obturator artery





Name of muscle – *Adductor brevis*

Origin –

Anterior surface of body of pubis

Insertion –

• Linea aspera

Nerve Supply -

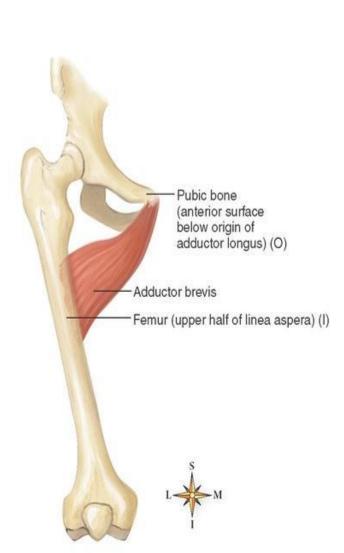
Obturator nerve

Blood supply -

Obturator artery

Action -

Adducts the thigh





Adductor canal

Features -

- This is called as Hunter's Canal Or Subsartorial Canal
- The adductor canal is inter muscular space situated on the medial side of middle one third of the thigh

Extent -

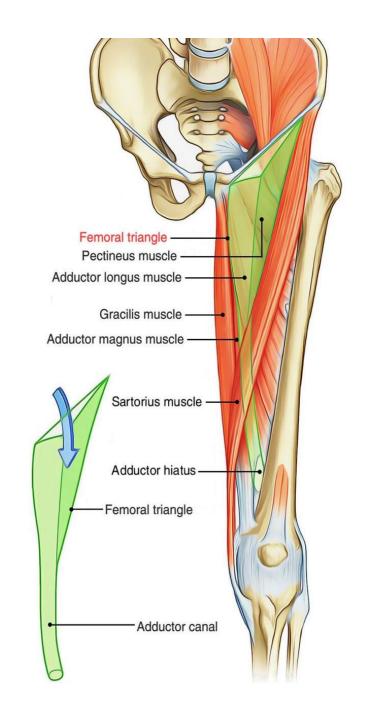
 The canal extent from the Apex of femoral triangle above; To tendinous opening in adductor magnus below

Shape -

• The canal is triangular on cross section.

Boundaries –

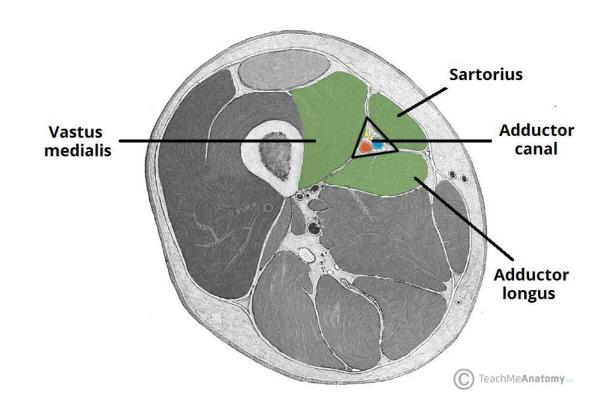
- 1. It has anterolateral, posteromedial, medial wall.
- 2. The anterolateral wall is formed by vastus medialis
- 3. The posteromedial wall or floor is formed by above adductor longus and below Adductor magnus
- 4. The Medial wall or roof is formed by a strong fibrous membrane joining the anterolateral and posteromedial wall



Adductor Canal

Contents –

- Femoral artery
- Femoral vein
- Saphenous nerve
- Nerve to vastus medialis
- Branches of two divisions of obturator nerve



mank you!